

# Are You a Chicken? Personality Gaming

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# The Plan...

- Enjoy ourselves. time together.
- Examine ourselves.
- Enjoy ourselves.
- Change ourselves? Maybe?
- Enjoy ourselves!!!!

# What We Know About You

Conflict, Relationships, Attitude,  
Disappointments, Explosive Feelings

# Personality: Defined and Personalized

- Defined: Differences among people in emotions, cognitions, and behavioral patterns (Wiki, 2014)
- Debunked: How you prefer to think, act, and be (It is the best, right?)

# Personality Traits: The Not So Good Look...

- Chicken: fearful, retreats, protective, unique communication patterns, loyal, dependable
- King: Authoritative, bossy, demanding, high expectations, on a pedestal, out of touch
- Peacemaker: goes with the flow, mediator, weak appearance, wishy-washy, quite

# Personality Traits: The Not So Good Look

- King Pin: It's all about me, flashy, center of attention, loud
- Umbrella: Scared to get wet, dull, tentative, safe player, timid
- Dr. Seuss: all over the place, lots of word with no sense, makes up stuff, weird

# Personality Traits: The Not So Good Look

- Captain: makes the rules, enforces the rule, gives orders, controlling
- Trailblazer: risk-taker, wreckless, always changing things, never prepared, gets lost
- Rock Star: Little effort but lots of spotlight, credit takers, eccentric, gaudy

# Personality Traits: The Not So Good Look

- Princess: perfect, fragile, picky, dainty, helpless
- Pirate: taker, scavenger, untrustworthy, dark, dirty, sneaky
- Hero: fixer, fly in at the last minute, runs over people



# Personality Traits: The Not So Good Look

- Disguise: wishy-washy, who are they anyway?, not consistent, confusing
- Burger King: my way, opinionated, inflexible, picky, hard to communicate with

# Personality Traits A New Look

- A More Beautiful Picture...

# Personality Traits: The Good Look

- **Chicken:** fearful, retreats, unique communication patterns, routine, Methodical, task-oriented, protective, loyal, dependable
- **King:** Authoritative, bossy, demanding, high expectations, on a pedestal, out of touch  
Takes responsibility, problem solver, strong character, goal directed, can make tough decisions
- **Peacemaker:** goes with the flow, mediator, weak appearance, wishy-washy, quite  
Calm influence, voice of reason, objective, good communicators/listener

# Personality Traits: The Good Look

- **King Pin:** It's all about me, flashy, center of attention, loud, **Get the task done, energetic, charismatic**
- **Umbrella:** Scared to get wet, dull, tentative, safe player, timid **Prepared, voice of reason, sensible, planner,**
- **Dr. Seuss:** all over the place, lots of word with no sense, makes up stuff, weird **Fun/Funny, outside the box thinkers, all that chatter makes sense at a deep level,**

# Personality Traits: The Good Look

- **Captain:** makes the rules, enforces the rule, gives orders, controlling  
Visionary, responsible, good leader, accountable
- **Trailblazer:** risk-taker, wreckless, always changing things, never prepared, gets lost  
Courageous, adventurous, discoverers
- **Rock Star:** Little effort but lots of spotlight, credit takers, eccentric, gaudy **Good**  
at what they do, successful, P/R—can work the crowd, magnetic personality

# Personality Traits: The Good Look

- **Princess:** perfect, fragile, picky, dainty, helpless **Loyal, High-standards, Refined, proper, Represent well**
- **Pirate:** taker, scavenger, untrustworthy, dark, dirty, sneaky **Navigators, determined, resourceful**
- **Hero:** fixer, fly in at the last minute, runs over people **Strong, trustworthy, faithful, clear values**

# Personality Traits: The Good Look

- **Disguise:** wishy-washy, who are they anyway?, not consistent, confusing  
Adaptable, flexible, free-thinkers
- **Burger King:** my way, opinionated, inflexible, picky, hard to communicate with  
Focused, self-aware, verbal

# Personality Traits All Mixed Up!

- Mix 'em up! What does it look like?



# Personality Traits: The Mirror...

- What about you?
  - Your perception vs. others
  - Room for growth
  - Challenging your judgement filter

# Personality Traits: The Good Look

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  - Be a Hero!
- Paula Cox
  - [skycox@yahoo.com](mailto:skycox@yahoo.com)
  - Live a Meaningful Life!

# Personality Traits

## The Truth

- Synergy: the group product is better than the individual pieces
- Get over yourself—it ain't about you!