Mississippi Counseling Association 2020 Virtual Conference November 11-13, 2020



Honoring the Past, Treasuring the **Present, Shaping the Future**





"Celebrating Seventy Years Together: Honoring the Past, Treasuring the Present, Shaping the Future"

Wednesday, November 11, 2020

9:00 - 9:30 am **Opening Session**

Dr. Jan Lemon Mississippi Counseling Association President

Welcome

Mississippi Counseling Association 2020 Virtual Conference November 11–13, 2020

Celebrating MCA 70 Years!

Honoring the Past, Treasuring the **Present, Shaping the Future**

Wednesday, November 11, 2020 Schedule at a Glance

Dr. Jan Lemon – Welcome "Celebrating Seventy Years Together: Honoring the Past, Treasuring the Present, Shaping the Future"

Kimble Funchess - Musical Tribute to Counselors

Alicia Oglesby & Rebecca Atkins – "Interrupting Racism: Equity and Social Justice in Counseling"

9:00 – 10:30 am Opening Session

Dr. Ebonee Magee-Dorsey – Awards

Dr. Rick Balkin – Keynote Speaker "Shaping the Future of Counseling"

Break

11:00 – 12:00 pm

Dr. Jan Lemon received her doctoral degree in counselor education from Mississippi State University and currently serves as an Associate Professor at Mississippi College. Her research interests have been in the areas of wellness and spirituality, and she has studied the effects these factors have on emotional and physical health. In addition, she has a Crisis Counseling Certification from the University of Alabama with special training in somatoform disorders, pain disorders, and chronic illness due to trauma. Dr. Lemon has also received training in Energy Psychology and incorporates this new field of counseling into her practice. She currently serves as the School Counseling Coordinator for the Department of Counseling and Psychology at Mississippi College.

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- Licensed Clinical Therapists
- Psychologists
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Benefits:





Dr. Ebonee Magee-Dorsey Mississippi Counseling Association Awards Chairman

Recognition of MCA Award Winners

Wednesday, November 11, 2020

9:00 - 9:30 am **Opening Session**



Wednesday, November 11, 2020

9:00 - 9:30 am **Opening Session**

Dr. Mary Bess Pannel Mississippi Counseling Association **President-Elect**





Wednesday, November 11, 2020

9:00 - 9:30 am **Opening Session**

Kimble Funchess Trumpeter

"Lean on Me" arrangement



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Kimble Funchess is a veteran and versatile trumpeter. He has performed with some of the nation's greatest artists in Jazz, Gospel, Blues and R&B. Kimble's enthusiasm for music has lead to a professional career in music as a performing artist, and music educator. Some of the most noted artists are: The O'Jays, Wilson Pickett, Charlie Pride, The Temptations, The Four Tops, Johnny Taylor, The Fifth Dimensions, Dorothy Moore, Lionel Hampton's Big Band, David "Fathead" Newman, Willie Clayton, Eddie Cotton, Bobby Rush, Mavis Staples, Nanette Workman, Hubert Sumlin, Pine Top Perkins, rap artist David Banner and the Spinners. He performed as part of the orchestra for the 1st Mississippi Grammy Event that honored Mississippians who have won Grammy awards such as Jerry Lee Lewis, Paul Overstreet, Marty Stuart, Brandy, Charlie Pride and Robert Johnson.



Kimble Funchess has launched a service called Mindfulness Through Music. It promotes the daily practice of social and emotional skill sets through a four pillar concept that he developed. With a Master of Education Degree in both Music Education and School Counseling, Kimble is encouraged by the continued success of infusing social and emotional skill sets, teaching mindfulness practices and problem solving skills as a daily practice. The teaching of these skills and practices are pillars to help navigate the way for participants to become effective learners and to reach their full potential.

Do you think that this is a service that would be beneficial to the students (young professionals) that you serve?

If you believe that this would be beneficial to your students then we should discuss the success that it has yielded the hundreds of students that Kimble has had the privilege to work with through the years. These practices will work in music education, any academic educational setting and where daily social skills instruction is valued as an effective tool for developing life skills.



Wednesday, November 11, 2020

9:30 - 10:30 am **Opening Session**

Dr. Rick Balkin, Keynote Speaker "Shaping the Future of Counseling"



Dr. Balkin is currently serving as the doctoral program coordinator at the University of Mississippi. His research interests include counseling outcomes, instrument development, research methods, forgiveness, and religious diversity. He has been a counselor educator since 2003. Dr. Balkin has taught courses in research, assessment, theories, and counseling practice. He practiced for seven years in an inpatient psychiatric hospital working with adolescents, adults, and geriatric clients.





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Alicia Oglesby & Rebecca Atkins "Interrupting Racism: Equity and Social Justice in Counseling"



Wednesday, November 11, 2020 11:00 - 12:00 pm



Equity and Social Justice in School Counseling

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Alicia Oglesby currently serves as the Director of School and College Counseling at Bishop McNamara High School in Maryland. She provides comprehensive school and college counseling to all high school students using culturally attuned and relevant best practices, managing college application completion, advising students on academic pursuits, counseling students through emotional and social growth as well as facilitating professional development for faculty based on social justice standards in contemporary urban education.

Rebecca Atkins currently serves as the Senior Administrator of Counseling and Student Services for Wake County Public Schools. She coordinates ASCA National Model implementation, training, feedback, and support for 187 schools and approximately 450 counselors. She has also published Mythbusters: 5 Myths about Race in Schools and A Solid Grounding in the School Counselor magazine. A webinar host, presenter, and speaker, Rebecca presents topics on equity and comprehensive school counseling for the **Department of Public Instruction, school** districts, and national and regional conferences.



Our Ed.S. degree provides preparation for:



Mississippi Class AAA educator licensure requirements

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and licensure as a Mississippi Licensed Professional Counselor

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Thursday, November 12, 2020 Schedule at a Glance

Drs. Ed Jacobs & Victoria Stone – "Impact Therapy: A Brief, Creative, Theory-Driven Approach to Counseling"*

*Session is sponsored by Mississippi School Counselor Association

9:00 - 10:00 am

Dr. Rosanne Nunnery – "Telemental Health: Adjusting to an ethical distant practice in the digital age"

Break

10:30 - 11:30 am



Thursday, November 12, 2020

9:00 - 10:00 am

Dr. Rosanne Nunnery

"Telemental Health: Adjusting to an ethical distant practice in the digital age"

> *1 Ethics Credit

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Dr. Rosanne Nunnery earned a PhD in counselor education with an emphasis in community counseling and a minor in educational leadership. She holds a master's degree in community counseling, is a licensed professional counselor, a national certified counselor, a board qualified supervisor in Mississippi, and a Board Certified Telemental health Counseling. She has been a faculty at Capella University since 2011 and as a tele-mental health counselor since 2017. As a Core faculty she teaches graduate courses, serves on dissertation committees, is on various committees, does curriculum design, subject matter expert works, supervises and chairs dissertations. She serves a varietal of adult clientele and has served on various association committees including was appointed on the ACA ethics committee serving from 2014-2017 and is a member of ACA, ASERVIC serving currently on the ethics and values committee, Mississippi Counseling Association where she currently serves as ethics chair. She has presented locally, state-wide, and nationally on topics related to spirituality, wellness, personality disorders, DBT, complicated grief, ethics and other theoretical

applications.



Sponsored by **Mississippi School Counselor Association**

Thursday, November 12, 2020

10:30 - 11:30 am

Drs. Ed Jacobs & Victoria Stone

"Impact Therapy: A Brief, Creative, **Theory-Driven Approach to** Counseling"



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Dr. Ed Jacobs has written six books: Impact Therapy: The Courage to Counsel, Impact Therapy, Creative Counseling: An Illustrated Guide, Group Counseling: Strategies and Skills, Group Counseling in Correctional Settings, and How to Select and Apply Change Strategies in Groups. He completed his undergraduate and masters work in psychology at the University of Texas in Austin and his doctoral work in counselor education at Florida State University in Tallahassee. He currently teaches graduate courses in counseling techniques, counseling theories, group counseling, addition counseling, crisis counseling, and grief counseling. He travels throughout the country sharing his dynamic aspects of Impact Therapy.

Celebrating 70 Years! MCA

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Dr. Victoria Stone currently works at George Mason University as an assistant professor since 2017. Dr. Stone completed her undergraduate and masters work at California University of Pennsylvania and doctoral work in counselor education and supervision at Virginia Polytechnic Institute and State University. Her research interests include clinical supervision of school counselors; use of counseling theory and creative techniques in schools; mental health issues in schools; school counselor advocacy and leadership; Trauma informed schools; social justice issues in education; and comprehensive school counseling program development.

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Friday, November 13, 2020 Schedule at a Glance 9:00 - 10:00 am

Dr. Franc Hudspeth – "Neuroethical Implications" in Counseling Practice"

> "Unchartered Territory: Clinical considerations and ethical midst of a global pandemic and sociopolitical unrest"

Closing Session Dr. Damien Thomas – strategies in the treatment of trauma in the

Dr. Jan Lemon & Dr. Mary Bess Pannel – **Emerging Leaders** Closing Remarks & Door Prizes

Break

10:30 - 11:30 am





Friday, November 13, 2020 9:00 - 10:00 am

Dr. Franc Hudspeth

"Neuroethical Implications in **Counseling Practice**"*

> *1 Ethics Credit

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Dr. Franc Hudspeth received an MEd in Community Counseling and a PhD in Counselor Education & Supervision from the University of Mississippi. He is a licensed professional counselor, a nationally certified counselor, a registered play therapist supervisor and a nationally approved clinical supervisor. He is also a registered pharmacist, which helps make his presentations on ethics enlightening and powerful. He will share not only the ethics surrounding neuroscience in counseling but the involved issues of clinical diagnoses.



Friday, November 13, 2020 10:30 - 11:30 am

"Unchartered Territory: Clinical considerations and ethical strategies in the treatment of trauma in the midst of a global pandemic and sociopolitical unrest"

Dr. Damien Thomas

*1 Ethics Credit

Celebrating MCA 70 Years!

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Dr. Thomas has over 15 years of experience in the mental health & addictions field and has worked in various settings including inpatient, outpatient, residential, and juvenile justice. Dr. Thomas treats an array of populations including children, adolescents, and adults. He received his Bachelor of Science degree in Psychology from Mississippi College in 2002, Master of Science degree in Mental Health Counseling from Mississippi College in 2006 and his Doctor of Professional Counseling degree from Mississippi College in 2014 respectively. He is a Licensed Professional Counselor (LPC) in the state of Mississippi, Board Qualified Supervisor(LPC-S), National Certified Counselor (NCC), Approved Clinical Supervisor (ACS), an Internationally Certified Advanced Alcohol and Drug Counselor (ICAADC) and a Board Certified TeleMental Health provider (BC-TMH). Dr. Thomas is an active member of the American Counseling Association (ACA), Mississippi Counseling Association (MCA), Association for Counselor Education and Supervision (ACES) and the Mississippi Association of Addiction Professionals (MAAP).





Friday, November 13, 2020

11:30 am **Closing Session**

Dr. Jan Lemon **Mississippi Counseling Association** President

Dr. Mary Bess Pannel **Mississippi Counseling Association President-Elect**

Recognition of MCA Emerging Leaders Closing Remarks & Door Prizes