Mississippi Counseling Association

71st Annual Conference

RECONNECT
RENEW
REFOCUS

MARY BESS PANNEL, PRESIDENT

November 3-5, 2021
Gulf Coast Convention Center
Biloxi, Mississippi

Welcome to the 71st Annual MCA Conference

Welcome back, counseling professionals! We have long prepared for this occasion, and it is my hope that you will engage in every opportunity to reconnect, renew, and refocus. Serving as MCA president this year has heightened my own professional aspirations, and it has only deepened my sense of honor in serving in the role. Themes that I would like to highlight are advocacy efforts and the professional identity of counselors. We are taking critical steps forward and must continue to build on the progress that we have accomplished on these initiatives, as well as an endless number of others. MCA's future is bright, and the counseling profession within Mississippi shines even brighter!

Kind regards,
Mary Bess W. Pannel, Ph.D., LPC, NCC
2021-2022 MCA President

Mary Bess Pannel
President

Juawice McCormick
President Elect

Jan Lemon
Past President

Karla Weir
Secretary

Cleveland Phinisee
Treasurer

Carolyn Anderson
Executive Director

Mississippi Counseling Association

Administrative Council 2021 - 2022

Jan Lemon, Chair

Melissa Windham
Doug Copeland
Jayme Sullivan
Lynn Etheridge

Mississippi Counseling Association

Strategic Planning Committee 2021 - 2022

Mississippi Counseling Association

Conference Committee 2021 - 2022

Paulette Edwards & Lori Parker
Conference Co-Chairs

Mary Bess Pannel, Juawice McCormick,
Brittany Power & Christine Lewis Pugh
Call for Programs & Conference Booklet

Maegan Tatum
Awards

Kendall Daniels & Destiny Miller
Vendors & Exhibitors

George Beals, Dylan Wren & Barry Pickreign
Technology

Heather Norton, Angel Golson & Maegan Tatum
Conference Volunteers

Jayme Sullivan
Past President's Dinner

Mississippi Counseling Association

Committee Chairs 2021 - 2022

Nancy McFarland - Bylaws
Cheryl Justice - Continuing Education
Heather Norton & Angel Golson - Emerging Leaders
Rosanne Nunnery - Ethics
Jayme Sullivan & Karla Weir - Government Relations
Carolyn Anderson - Inter-Personal Relations
Rebekah Reysen - Journal/Research
Richard Strebeck - LPC Board Liaison
Angel Golson - MCA Compass Newsletter
Chancey Fort - MDE Liaison
Melissa Windham - Nominations & Elections
Melissa Windham - Parliamentarian
Maegan Tatum & James Strickland - Social Media
Jan Lemon - Strategic Planning

Leona Bishop - Capital
Helen Jones - Delta
Ayanna Cooper - Gulf Coast
Nancy McFarland - Magnolia
Nicole Worthy - Mid-Eastern
Tracy Risher - Mid-Mississippi
Heather Gaylor - Northeast
Franc Hudspeth - Northwest
- Pinebelt
Dan Rupert - Tombigbee

Mississippi Counseling Association

Region Presidents 2021 - 2022

George Beals - MACES
Mississippi Association of Counselor Educators & Supervisors

Michael Gordon - MAMCS
Mississippi Association of Multicultural Counseling and Development

Tilda Neal - MASERVIC
Mississippi Counselors Association for Spiritual, Ethical Values in Counseling

Eric Burton - MCJCCA
Mississippi Community & Junior Colleges Counselor Association

Robdreka Shaw - MLPCA
Mississippi Licensed Professional Counselors Association

Amanda Winburn - MSCA
Mississippi School Counselor Association

Mississippi Counseling Association

Division Presidents 2021 - 2022

Tiffany Anderson-Washington - Capital Region

Charlotte Armstrong - Northwest Region

Heather Burleson - Gulf Coast Region

Christine Lewis Pugh - Northwest Region

Kelsey Necole Windham - Mid-Eastern Region

Mississippi Counseling Association

Emerging Leaders 2020 - 2021

Dakota Conway - Capitol Region
Barry Pickreign - Gulf Coast Region
Allison Rogers - Pinebelt Region
Hasani Mhoon - Pine Belt Region
Jana' Slay - Delta Region
D'Atra Gater - Capitol Region
Harmanpreet Kaur - Mid-Eastern Region
Cameron Douglas - Northwest Region
Khaliyah Mitchell - Mid-Eastern Region
Brittany Power - Northwest Region

Mississippi Counseling Association

Emerging Leaders 2021 - 2022

1950-1951 D. W. Aiken
1951-1952 Katherine Rea
1952-1953 Troy Hill
1953-1955 Hubert Gilmore
1955-1957 Dorothy Rice
1957-1958 Vernal Mann
1958-1960 Mildred Coleman
1960-1962 Charles Scott
1962-1963 Harley Garrett
1963-1964 Elanor Cammack
1964-1965 J. H. Chrestman
1965-1966 Peggy Williams
1966-1967 Harold Easterwood
1967-1968 Mildred Crider
1968-1969 John Weems
1969-1970 John Alcorn
1970-1971 Sidney Pitts
1971-1972 John Ashley
1972-1973 Vernal Mann
1973-1974 Genevieve Burris
1974-1975 Bessie R. Johnson
1975-1976 Jack Daniels
1976-1977 Larry Little
1977-1978 Joe Ray Underwood
1978-1980 Al Jean Young
1980-1981 F. J. Eicke
1981-1982 Dalton Anthony
1982-1984 Donnie Sweeny
1984-1985 Janie Rugg
1985-1986 Dudley Sykes
1986-1987 Mary Alice Cates
1987-1988 Phil Cooker
1988-1989 Warren Housley
1989-1990 Betty Wong
1990-1991 Ross Story
1991-1992 Becky Pugh
1992-1993 Larry Simpson
1993-1994 Kay Dawson
1994-1995 Sharon Leggett
1995-1996 Janice Richardson
1996-1997 Bill Wheeler
1997-1998 Carolyn Anderson
1998-1999 Dianne Speed
1999-2000 Helen Price
2000-2001 Pam Truhett Hemphill
2001-2002 Jane Dykes
2001-2003 Jayme Sullivan
2003-2004 Glinda Eashmond
2004-2005 Stephanie Wilson
2005-2006 Amy Harvison/Debra Carr
2006-2007 Debra Carr
2007-2008 Christy Broome
2008-2009 Julia Porter
2009-2010 Gwen Hitt
2010-2011 Aretha Hargrove-Edwards
2011-2012 Deidra Byas
2012-2013 Sonya Sumrall
2013-2014 Dawn Buckley
2014-2015 Lynn Etheridge
2015-2017 Jayme Sullivan
2017-2018 Kimberly Hall
2018-2019 Doug Copeland
2019-2020 Melissa Windham
2020-2021 Jan Lemon

Mississippi Counseling Association

Past Presidents 1950-2021

The following outstanding individuals have served as president of the Mississippi Counseling Association over the past 68 years. They have each played a major leadership role in building MCA into the strong professional organization it is today. The Mississippi Counseling Association expresses thanks and appreciation to these dedicated individuals who have served as guiding lights to our organization.

MCA 2021 AWARDS WINNERS

COLLEGE COUNSELOR OF THE YEAR	SCHOOL COUNSELOR OF THE YEAR	CLINICAL MENTAL HEALTH COUNSELOR OF THE YEAR
Aretha Williams	Kim Thompson	Robreka Shaw

MCA 2021 AWARDS WINNERS

PUBLIC SERVICE COUNSELOR OF THE YEAR	JANIE G. RUGG CAREER CONTRIBUTOR	SPECIAL RECOGNITION (MEMBER)	SPECIAL RECOGNITION (NONMEMBER)
Cleveland Phinisee	Jan Lemon	Natasha Barnes	Darla Sisney

MCA 2021 AWARDS WINNERS

RESEARCH (PROFESSIONAL)	RESEARCH (STUDENT)	OUTSTANDING REGION
Stephanie Bell	Sheerah Neal	Delta Region

Thank You!

Conference Exhibitors

Air National Guard

ASVAB

Canopy Children's Solutions

Delta State University

Electromedical Products International, Inc.

Get2College

Grace Christian Counseling

Integrative Life Center

Mastery Prep

Mississippi Association for Play Therapy

Mississippi College

Thank You!

Conference Exhibitors

Mississippi Licensed Professional Counselor Association

Mississippi School of the Arts

Mississippi School Counselor Association

Right Track Medical Group

SCUTA

ThriveWay

University of Mississippi

University of Mississippi - School of Education

University of Mississippi - School of Pharmacy

William Carey University - School of Education

Schedule at a Glance

Wednesday
November 3, 2021

7:30 – 3:30
Check-in
Expo Hall set up

8:00 – 5:30
Expo Hall Open

9:00 – 11:00
Learning Institutes
Play Therapy – Dr. Dugan
Ethics – Dr. Vincent

11:00 – 12:30
Executive Board Meeting

12:45 – 2:00
***Opening Ceremony - Dr. Lenz**

2:15 – 3:15
Session A

3:30 – 4:30
Session B

4:30 – 5:15
President's Reception
Meet & Greet Social

***Main Ballroom**

Learning Institutes

Wednesday, November 3rd - 9am & 10am

Institute 1:

Ethics and Wellness in Counseling

Sponsors: MCA Delta Region
Chi Sigma Iota Honor Society
-Delta State University

Institute 2:

Shut Downs, Closures, Quarantines Oh My! A Closer Look at the Powers of Play Therapy with the Children of COVID-19

Sponsor: Mississippi Play Therapy Association

Learning Institute 1

Wednesday, November 3rd - 9am & 10am

Ethics and Wellness in Counseling

Cat Vincent, Ed.D., LPC-S (MS), NCC, LMHC (FL),
California School of Professional Psychology

Sponsored by MCA Delta Region & Chi Sigma Iota Honor Society Delta State University

Many systemic factors and barriers exist that impede our ability to commit to a lifestyle oriented toward wellness. In this session, we will work together to resource share best practices, lifestyle changes, and interventions that contribute to overall wellbeing and help us meet our ethical duties. Further methods for goal achievement and personal accountability will be addressed and practiced together.

Ethics; General

CE credit: 2 hours

Learning Institute 2

Wednesday, November 3rd - 9am & 10am

Shut Downs, Closures, Quarantines Oh My! A Closer Look at the Powers of Play Therapy with the Children of COVID-19

Erin M. Dugan, Ph.D., NCC, CRC, LPC-S, RPT-S
Louisiana State University Health Sciences Center

Sponsored by Mississippi Play Therapy Association

The impact of COVID-19 upon children and the utilization of play therapy including a review of outcome studies and discussion of the provision of play therapy connected to the support it has for children presenting with impairments due to COVID-19. Follow-up panel discussion with invited board members of the Mississippi Association for Play Therapy and MCA for an open discussion.

Play Therapy; General; Clinical; School

CE Credit: 2 Hours

Mississippi Counseling Association

71st Annual Conference
Opening Ceremony

Dr. Stephen Lenz

12:45 – 2:00PM - Main Ballroom

Sponsored by

Mississippi Licensed Professional Counseling Association

Opening Ceremony

Data-Informed Counseling: Approaching Opportunities & Elevating Outcomes

Not many of us got into counseling because we love numbers. Instead, we directed our energy into an application of humanistic practice that supports and empowers people to live healthier, happier lives. Clinician testimony and empirical evidence are now revealing a powerful synergy that emerges when we leverage the strengths of science and practice. This session will illustrate how a little local level data can go a long way in maintaining working alliance, improving client outcomes, and building your practice. Swing by this opening session and let's see what data can do for you!

Sponsored by
Mississippi Licensed Professional Counseling Association

Session A: 2:15-3:15pm

Wednesday
November 3, 2021

Room 1 - Working through Conflict and Forgiveness
Room 2 - The Eight Dimensions of Wellness: Resetting for the New Normal
Room 3 - Learning from Cults and Genocide: Using Social Psychology in School Counseling
Room 4 - The Importance of Seeing the Whole Picture: Suggestions on How Play Therapists Can Help
Room 5 - Ethical Concerns of Post-Pandemic Compassion Fatigue
Room 6 - Ethics, Efficacy and Leadership in the Counseling Profession

Session A: 2:15-3:15pm
Wednesday
November 3, 2021

Working through Conflict and Forgiveness
Room 1

Richard S. Balkin, PhD., LPC, NCC
The University of Mississippi

Issues of conflict and forgiveness impact our relationships. How we recognize and work through conflict may impact well-being and life-satisfaction. In this Webinar we will introduce essential components to understanding forgiveness and how conflicts may be addressed, and perhaps alleviated, or at least worked through.
Clinical, School, General

The Eight Dimensions of Wellness: Resetting for the New Normal
Room 2

Kimberly Gray, Jada Johnson, Dovie Barnes, Regina Alexander,
Leah Simmons, Harmanpreet Kaur
Mississippi State University

COVID-19 has left an indelible mark on all strata of society, disrupting “our way of life” and challenging us to learn and apply new skills and competencies as we navigate the new normal. In this session, participants are invited to explore the Eight Dimension of Wellness and to effectively implement them personally and in their counseling practice.
General

Session A: 2:15-3:15pm
Wednesday
November 3, 2021

Learning from Cults and Genocide: Using Social Psychology in School Counseling
Room 3

Heath Stevens, Ph.D., LSC, NCC, ACS
Mississippi School for Mathematics and Science

Social psychology principles and studies are fascinating and can be used in school counseling. Topics will be discussed, handouts will be distributed, and activities will be demonstrated. Cognitive Dissonance Theory, Attribution Theory, and the Elaboration Likelihood Model are all subjects that will be emphasized. Examples such as the Holocaust, Jonestown, and body image issues will provide depth to the discussion.
School

The Importance of Seeing the Whole Picture: Suggestions on How Play Therapists Can Help
Room 4

S. Lynn Etheridge, JD, Ph.D., LPC-S, RPTS
Alcorn State University; Grace Christian Counseling Center

As an attorney, a Licensed Professional Counselor, and a Registered Play Therapist, Dr. Etheridge has been working with children since 2002. During that time, she became aware of the difficulties that can occur when children and Play Therapists have to be involved in the court system, particularly in high conflict custody matters. She sees assisting children caught in high conflict custody situations as a social justice issue and is very grateful to be able to share her experiences and discuss this complicated issue!
Play Therapy, General, School

Session A: 2:15-3:15pm
Wednesday
November 3, 2021

Ethical Concerns of Post-Pandemic Compassion Fatigue
Room 5

Karla Weir, PhD,. LPC, NCC, NCSC
Choctaw Tribal Schools

Due to Covid-19 pandemic and recovery the demand for counselors will likely increase. There are few who have been unaffected by the effects of the pandemic. Compassion fatigue is a concern for those in helping professions and may be compounded during the recovery. It is essential that counselors consider the need for self-care and the potential ethical concerns.
Ethics

Ethics, Efficacy and Leadership in the Counseling Profession
Room 6

Melissa Windham, Ph.D. - MCA Past President (2019-2020)
Jan Lemon, Ph.D. - MCA Past President (2020-2021)
Mary Bess Pannel, Ph.D. - MCA President (2021-2022)

This session will provide opportunities for attendees to discuss the connection between ethics, effectiveness, and leadership in the counseling profession. We will review the leader's journey and professional roles of serving in leadership positions in the counseling profession. Presenters will also discuss how ethics can serve as a foundation of leadership and provide examples to scenarios faced by leaders in the counseling profession. The session will also include strategies for becoming more involved in the counseling profession and its leadership roles.
General; Ethics

Session B: 3:30-4:30pm

Wednesday
November 3, 2021

Room 1 - Developing Peer Relations and Self-Esteem in LGBT+ Adolescents: A Proposal for Gay-Straight Alliances in Schools

Room 2 - SEL is more than a Character Word of the Month

Room 3 - Bend, Don't Break: Using Therapeutic Strategies to Support Resilience

Room 4 - Treating Survivors of Acquaintance Rape with Acceptance & Commitment

Room 5 - Counseling Competency: Practical Assessment Tools and Strategies for Assessing Supervisee Development

Room 6 - The Therapeutic Process: Identifying & Healing from Unhealthy Relationships

Session B: 3:30-4:40pm
Wednesday
November 3, 2021

Developing Peer Relations and Self-Esteem in LGBT+ Adolescents: A Proposal for Gay-Straight Alliances in Schools
Room 1

Alex Kerwin, Ph.D., LPC-S, ACS, NCC
Cameron Douglas, B.A.
University of Mississippi

This program outlines the rationale and provides a curriculum for a school-based mental health counseling group based on the Gay-Straight Alliance framework. This group brings LGBT+ and straight adolescents together to develop peer relations and build self-esteem. The presenters will demonstrate a group activity and provide attendees with a step-by-step curriculum for implementing this six-week group.
Clinical; School

SEL is more than a Character Word of the Month
Room 2

Tabitha Greer
Byhalia Middle School, Marshall County School District

This program will present concrete strategies for School Counselors to support Social and Emotional Learning in K-12 classrooms so that we graduate students who are aware of their strengths and weaknesses, have goals and persevere to reach their goals, demonstrate empathy, can maintain healthy relationships, make constructive choices, and, above all, recognize the need for continual growth and self-improvement.
School

Session B: 3:30-4:40pm
Wednesday
November 3, 2021

Bend, Don't Break: Using Therapeutic Strategies to Support Resilience
Room 3

Chiquita Holmes, MS, Dr. Katherine Dooley, Dr. Hope Tipton
Mississippi State University

Resilience Theory explores the underlying factors that allow individuals to overcome difficult and traumatic circumstances. Participants will explore the utility of Resilience Theory and vicarious resilience in the context of counseling, supervision, training, and professional self-assessment and development. Additionally, the program explores resilience through the integration of spirituality and culturally relevant therapy preferences.
General

Treating Emerging Adult Survivors of Acquaintance Rape with Acceptance & Commitment Therapy
Room 4

Stephanie Bell, Ph.D., LPC, NCC, ACS - Delta State University
Sarah Rather, NCC - Forward Counseling

Emerging adults and college students are at high risk for sexual assault, specifically acquaintance rape. Victims of acquaintance rape experience a variety of symptoms, which are often exaggerated by the fact that they may encounter their attacker post-rape. ACT is proposed to treat PTSD and trauma related symptoms in this population. Assessment and treatment models for clinical mental health counselors, community college counselors, and college counselors will be presented. A list of suggested readings and additional resources will be provided.
Clinical

Session B: 3:30-4:30pm
Wednesday
November 3, 2021

Counseling Competency: Practical Assessment Tools and Strategies for Assessing Supervisee Development
Room 5

Walter L. Frazier, PhD, LPC-S, NCC, BC-TMH
Matthew R. Buckley, EdD, LPC, LCMHC, NCC, ACS, BC-TMH
Walden University

This presentation will introduce counselor educators and supervisors to strategies for evaluating counselor competencies while also considering the impacts of cultural and social bias in the evaluation process. The presenters will discuss strategies for addressing biases that potentially exclude counselors-in-training that may not "look like" the traditional counseling professional. The presenters will review various approaches to assessing counseling competency.
Supervision; General

PRESIDENT'S RECEPTION

JOIN US!
4:30
ROOM C1/C2

The Therapeutic Process: Identifying & Healing from Unhealthy Relationships
Room 6

Khaliyah Mitchell, Hasani Mhoon Brittany Power, Dakota Conway, Tiffany Anderson, D'Atra Gater, Kelsey Necole Windham
MCA Emerging Leaders

This presentation will provide counselors with information on unhealthy relationships in an effort to help counselors have the resources to support their clients in a therapeutic manner. Counselors can help clients identify unhealthy behaviors in relationships should they present in clients' lives and explore interventions. It is important for clinicians to be able to identify patterns of toxic behaviors due to the impact those relationships have on a client's mental health. Counselors should be able to explore multicultural considerations and the complexities of relationships. Counselors can ethically hold space for clients to explore and process abusive experiences by learning to identify the behaviors themselves and validate their own emotional reactions. Clients can also enter the realm of learning healthy boundary setting and implementing healthy behaviors that can positively impact self-esteem and wellbeing.
Clinical

Schedule at a Glance

Virtual Conference only**

Thursday
November 4, 2021

7:30 – 3:30
Check-in

8:00 – 5:00
Expo Hall Open

8:00 – 9:00
Session A

9:00 – 9:15
Break

9:15 – 10:15
Session B

10:30 – 11:30
***Keynote Address**
Dr. Young

11:30 – 12:00
***Awards Ceremony**

12:00 – 1:00
Lunch

1:00 – 2:00
Session C

2:15 – 3:15
Session D

3:15 – 3:30
Break

3:30 – 4:30
Session E

***Main Ballroom**

VIRTUAL CONFERENCE SCHEDULE ONLY

VIRTUAL SESSIONS

Thursday
November 4, 2021
Log into your MCA membership account for ZOOM accessibility

Session A - 8:00-9:00am - Room 1*
Counseling Across the Ecology of Development and Well-being
Session B - 9:15-10:15am
Parents as Partners: Bringing Positive Change
Keynote Session & Awards Ceremony - 10:30-12:00pm
Session C - 1:00-2:00pm
Current Trends in Ethics
Session D - 2:15-3:15pm
Making DATA Work
Session E -3:30-4:30pm
Utilizing Clinical Supervision to Counteract Disability Biases

Session A: 8:00-9:00am

Thursday
November 4, 2021

VIRTUAL SESSIONS ARE DENOTED IN GOLD*

Room 1* - Counseling Across the Ecology of Development and Well-being

Room 2 - Refocusing: Understanding & Utilizing Connection between Emotions and Learning

Room 3 - Ethically Using Spirituality

Room 4 - The Alliance Project

Room 5 - Post Covid: Getting Back to Life

Room 6 - Counseling Women (Infertility/Miscarriage)

Session A: 8:00-9:00am
Thursday
November 4, 2021

Counseling Across the Ecology of Development and Well-being: Social Determinants, Community Collaborations, and Protective Factors for All
Room 1* (VIRTUAL OPTION)

A. Stephen Lenz, Ph.D., LPC, NCC, Texas A&M University-San Antonio
Chair & Professor, Department of Counseling, Health and Kinesiology

Ever notice that some clients lean against more barriers to their development than others? Maybe you have felt stuck on an island of caring with others whose well-being seems defined by the world they live in. This session will explore these phenomena and introduce the social determinants of mental health framework as tool for client assessment, conceptualization, treatment planning, and service delivery. We will explore your potential for leveraging resources across the local ecology to create upstream mental health solutions where the mental health disparities begin. This session will spark your creativity as the presenter shares examples from their work in underserved and rural communities that have promoted protective factors for positive mental health for all.
General

Refocusing: Helping School Counselors, Teachers, and Students Understand and Utilize the Connection between Emotions and Learning
Room 2

Jenny Box, Ed.S.
Counselor at New Hope High in Columbus, MS & MSCA HS Vice President

Research demonstrates the connection between non-cognitive/affective elements and cognitive functions such as memory, learning, and student success. Students, teachers, and school counselors need to understand and leverage these connections for student success. This need is especially true in our current time when nearly everyone is struggling with pandemic-related fatigue and emotional strain and/or other stressors or trauma. This hands-on, interactive session will present research and provide activities for classroom presentation and/or group work that can help educational practitioners learn, teach, and implement this information in ways beneficial to student learning.
School

Session A: 8:00-9:00am
Thursday
November 4, 2021

Ethically Using Spirituality to Help Clients
Room 3

Julia Porter, Ph.D., LPC-S (MS), NCC, NCSC
Consultant/Counselor
Mary Ann Hollingsworth, Ph.D., LPC-S, LSC, NCC, ACS
University of West Alabama

Working with clients in crisis, counselors look for effective techniques to help clients make sense of changes in their lives and to help clients effectively deal with those changes. Ethical use of spirituality in counseling can be a resource for client healing and wellness.
Ethics

The Alliance Project: Preventing Suicide in Mississippi
Room 4

Rachel-Clair Franklin (RC) LPC-S, CHES, BC-TM
MS Garett Lee Smith Youth Suicide Prevention Grant
Dr. Emily Stafford, LPC-S, BC-TMH
Mississippi State University

Alliance Project is a suicide prevention training that was developed for people who may or may not have mental health training experience. Our goal is to build a community of gatekeeper collaborators with focused training modules. Participants will learn 5 steps to helping someone in distress and practice utilizing these skills actively to become more comfortable employing throughout day-to-day life.
General, Clinical, School

Session A: 8:00-9:00am
Thursday
November 4, 2021

Post Covid: Getting Back to Life
Room 5

Heath Nick Seferlis M.S., LCPC, NCC

COVID has interrupted our lives by impacting both our personal and professional lives and our clients'. This presentation will explore the mental health aspects of our time with COVID. We will discuss some of the signs, issues, and trauma this health pandemic has caused. We will examine methods/techniques to help bring us into the future, getting back to life.
General

Counseling Women through Infertility and Miscarriage
Room 6

Capri Brooks, PhD, LPC-S, NCC, NCSC
Angel Golson, PhD, LPC-S, NCC
Liberty University

Many mothers face a myriad of challenges as they move through various stages of life. This presentation will explore the impact of infertility and miscarriage on women. Some common difficulties and conflicts mothers face related to infertility and miscarriage will be explored, as well as evidence-based practices to assist counselors in more effectively meeting the unique needs of this population.
Clinical

Delta Region

9:00-9:15 am Break

Coffee & water break is sponsored by the Delta Region.

Live in the Mississippi Delta and want to get involved?
Contact Delta Region officers for more information.

Session B: 9:15-10:15am

Thursday
November 4, 2021

Room 1* - Parents as Partners: Bringing Positive Change

Room 2 - Narcissistic Personality Disorder

Room 3 - Life in Limbo: School Counselors & Children

Room 4 - Responding to Suicide Death within Community

Room 5 - Counselor Advocacy in the Public Arena

Room 6 - HIPAA Compliance & Your Technology

Session B: 9:15-10:15am
Thursday
November 4, 2021

Parents as Partners: Bringing Positive Change to the Family System By Engaging and Reconnecting Caregivers with their Child (VIRTUAL OPTION)
Room 1

James Strickland, Ph.D., LPC-S, RPT
Mississippi College

Parenting is no easy task and can be complicated by unresolved childhood experiences or current mental health concerns. These factors can greatly influence the parent-child relationship and subsequently impact the way a child develops. As play therapists we have the ability to equip parents with the right tools to process their experiences and a means to foster resiliency, connection, and security with their child.
Play Therapy, General

Narcissistic Personality Disorder: Counselors-in-Training Attitudes and Supervisory Implications
Room 2

Rosanne Nunnery, Ph.D., LPC-S, NCC, BC-TMH
Mississippi State University
Ann Melvin, Ph.D., CRC, CADC
Capella University

In an era where people are often labeled as narcissistic, it is important that counselors-in-training and supervisors work collaboratively to understand the characteristics of a narcissist for proper treatment. This session will provide an overview of the signs of symptoms of Narcissistic Personality Disorder (NPD), explore the common perceptions of NPD from a trainee and supervisory lens and examine the implications for clinical practice.
Supervision

Session B: 9:15-10:15am
Thursday
November 4, 2021

Life in Limbo: School Counselors and Children from Mixed Status Families
Room 3

Joan Looby, Ph.D., LPC, NCC, ACS
Chiquita Holmes, MA, Tinmuk Li, MS, Dovie Barnes, MS, Regina Alexander, BA
Mississippi State University

This presentation addresses issues of school aged children from mixed status families including trauma, mental health, academic and behavioral outcomes, school counselors' roles and responsibilities, and advocacy initiatives. The Latin X community is the face of immigration. As a profession that promotes human dignity, counselors must determine their ethical and social justice responsibilities to this student population.
School

Suicide Postvention: Responding to Suicide Death within your Community
Room 4

Rachel-Clair Franklin (RC) LPC-S, CHES, BC-TMH
MS Garett Lee Smith Youth Suicide Prevention Grant
Dr. Emily Stafford, LPC-S, BC-TMH
Mississippi State University

This presentation reviews the fundamentals of postvention services and responding to deaths by suicide within communities. The training reviews the purpose of postvention services, how to build effective suicide postvention plans, responsibilities of each member on your crisis response team during postvention efforts and implementing the crisis response plan after a death by suicide.
General, Clinical, School

Session B: 9:15-10:15am
Thursday
November 4, 2021

Counselor Advocacy in the Public Arena: An Interactive Planning Opportunity to Renew Connection with and Focus on Serving All Mississippians
Room 5

Monica L. Coleman, MS, CRC, NCC, P-LPC, BC-TMH & Sheerah Neal, EdS, LMHC-S (FL), LPC (MS), NCC, RPT
Doctoral Students, University of Mississippi
Anna L. Sanders, BBA, CBCS
Office Manager, Grace Christian Center

Does it bother you when clients and communities struggle with poverty? Food and economic insecurities? Human rights issues? Mississippi counselors see the impact these systemic issues have on clients' growth and development, but interventions tackling them seem overwhelming. In this interactive session, attendees will consider plans, strategies, risks and benefits to advocating in the public arena for all Mississippians.
General

HIPAA Compliance and Your Technology in Private Practice
Room 6

Richard Strebeck, Ph.D., LPC-S
Brittany Berry, Graduate Student and WCU Technology Coordinator
William Carey University

This session will cover HIPAA Compliance, secure communication, data encryption, Wi-Fi safety, email safety and encryption, VPN usage, secure passwords, program, and application solutions.
Clinical

Mississippi Counseling Association

71st Annual Conference
Keynote Address & Awards Ceremony

Dr. Anita Young

10:30 – 12:00PM - Main Ballroom

Sponsored by

Mississippi School Counselor Association

Keynote Address

Reconnect-Renew-Refocus: The Intersectionality of Normalcy

The purpose of this session is to actualize the conference theme, *Renew - Reconnect - Refocus*. Come with a mindset to reflect, expectation to engage, focus on professional growth, and commitment to personal wellness.

Sponsored by Mississippi School Counselor Association

Session C: 1:00-2:00pm

Thursday
November 4, 2021

Room 1* - Current Trends in Ethics: MCA Ethics Committee

Room 2 - Impact of Parental Incarceration

Room 3 - Using Wellness to Combat the 3 Cs

Room 4 - African American Adolescents' Self-perception & Racial Discrimination

Room 5 - Theoretical Journeys & Best Practices in Instructional Design

Room 6 - Revisiting I-Thou & Therapy

Session C: 1:00-2:00pm
Thursday
November 4, 2021

Current Trends in Ethics: A Discussion with the MCA Ethics Committee (VIRTUAL OPTION)
Room 1

Rosanne Nunnery, Ph.D., MCA Ethics Committee Chair
George Beals, Ph.D., Jan Lemon, Ph.D., Julia Porter, Ph.D., Deb Wells, Ph.D., Jayme Sullivan, Ed.S., Michael Gordon, DPC

This content session, by members of the MCA ethics, committee will present current trends in the ACA (2014) code of ethics and explore addressing them via ethical decision making. The goal is to facilitate dialogue between the panel and participants to make informed decisions by applying the ACA's Code of Ethics (2014) and decision making.
Ethics

Impact of Parental Incarceration on School Aged Children: How Counselors Can Help
Room 2

Kendra Blakely, MS, LPC, NCC, Kim Gray, MS, Harmanpreet Kaur, Jada Johnson
Mississippi State University

This program addresses the effects of parental incarceration on school aged children and school counselors' roles in creating strategies to increase resiliency, promote positive outcomes, and identify needed resources for these students. School counselors, school personnel and communities can develop advocacy initiatives and create interventions promoting the developmental, emotional, educational, and vocational flourishing of students with incarcerated parents.
School, General

Session C: 1:00-2:00pm
Thursday
November 4, 2021

Using Wellness to Combat the 3 Cs: Covid-19, Career, & Crisis
Room 3

Natasha Barnes, Ed.D, GCDF, CCSP, CCCE, NCC
Delta State University

With the crisis the world is experiencing due to the current pandemic, career issues are prevalent and mental health issues are exacerbated. It is important that counselors are aware of the mental health issues faced by clients due to crisis and career issues and effective wellness strategies for helping individuals to navigate these unchartered territories.
Clinical, General

African American Adolescents' Self-perception and Racial Discrimination
Room 4

Vincent Tompkins, Ph,D.
Grand Canyon University
Walter Frazier, Ph.D., LPC-S
Walden University

This program is a presentation of a dissertation research study conducted to determine a relationship between the combination of rural African American adolescents' self-perception and racial discrimination and its association with academic performance. The presenters will demonstrate the value of self-perception regarding academic performance and the influence of experienced racial discrimination among rural African American adolescents.
Clinical, General

Session C: 1:00-2:00pm
Thursday
November 4, 2021

Theoretical Journeys and Best Practices in Instructional Design: Helping Supervisees and Students in Graduate Counseling Programs Develop a Theoretical Orientation
Room 5

Aaron H. Jackson, Ph.D., LPC, LCMHC, BC-TMH, NCC
Liberty University

This presentation will expose counselor educators and clinical supervisors to a variety of tools that will better equip them to teach counseling theory. Ethical and professional issues are discussed. Participants will learn about the developmental process of theoretical orientation and will learn about best practices in instructional design and how they are used to teach counseling theory. Participants critique their own approach to teaching theory and create a new learning activity.
Supervision, Ethics, Clinical

Revisiting I-Thou and Therapy as What Can Happen Between Beings
Room 6

Larry L. Lambert, NCC, LPC-S
Dr. Glenn R. Waller, NCC, LPC-S

Martin Buber published I and Thou (1923). He wrote extensively about the nature of human beings and healing. Buber challenged the prevailing view and continues to stimulate new mental health approaches. Many recognize the concept I-Thou fewer understand dialogue and its use. This presentation explains Buber's key ideas, and how they might alter therapeutic relations and the interactions that occur.
General

Session D: 2:15-3:15pm

Thursday
November 4, 2021

Room 1* - Making DATA Work

Room 2 - Factors Limiting Help Seeking Behavior

Room 3 - Counseling While Black

Room 4 - Marijuana & Treatment of Psychiatric Disorders

Room 5 - LPC Board Updates, Part 1

Room 6 - Trauma-Informed SEL to Support Students

Session D: 2:15-3:15pm
Thursday
November 4, 2021

Making DATA Work (VIRTUAL OPTION)
Room 1

Anita Young, Ph.D., NCC
Johns Hopkins University

School counselors understand the importance of using data but sometimes have trouble finding the time to identify the right goals, create surveys to collect data, analyze the collect data or even share their findings. The presentation will focus on the four-step process addressed in Making DATA Work to simplify data collection, analysis and dissemination. Participants will learn about new updates in the latest edition and acquire some tools you can take back to your school and implement immediately.
School

Factors Limiting Help Seeking Behavior Among Student Athletes
Room 2

Brent Powell, Ph.D., NCC
Delta State University
Keon Stewart, MA, NCC
University of Mississippi

Understanding the factors that impact mental health status and limit help seeking behavior can provide valuable information to mental health professionals working with student athletes, and will serve as a basis for the development, implementation, and evaluation of interventions that will increase the utilization of mental health services, and ultimately improve the mental health and well-being of student athletes.
General, Clinical, School

Session D: 2:15-3:15pm
Thursday
November 4, 2021

Counseling While Black: A Culturally Competent Perspective
Room 3

Natasha Barnes, Ed.D, GCDF, CCSP, CCCE, NCC - Delta State University
Tameka McIntyre, Ph.D. - Horn Lake High School

This session will discuss the experiences of Black counselors who are working to help others through issues of social injustice as they are experiencing the same issues themselves. The session will provide a perspective of cultural competence to aid Black counselors in successfully navigating counseling while Black.

General

Marijuana and the Treatment of Psychiatric Disorders: Ethical Considerations, Counseling Implications, and Avoiding Pitfalls
Room 4

Stephanie L. Lusk, Ph.D., CRC
Kenya G. Bledsoe, Ph.D., LPC-S, NCC, NCSC
University of Mississippi

This presentation will introduce attendees to research associated with the use of marijuana as treatment of psychiatric disabilities and will provide basic information on its medicinal properties as well as its undesired consequences, up to and including addiction. A review of federal and state laws and ethical principles that should be used to guide this work will also be discussed.

Ethics, Clinical

Session D: 2:15-3:15pm
Thursday
November 4, 2021

LPC Board Updates, Part 1
Room 5

Richard Strebeck, Ph.D., LPC-S, Chair
Kimberly Sallis, Ph.D., LPC-S, Lynn Etheridge, JD, Ph.D., LPC-S, RPTS, NCC,
Isaac Boose, MS, LPC-S, ICAADC, Steven Stafford, MS, LPC-S

The LPC Board will review changes to the Rules and Regulations regarding licensees providing Distance Professional Services and the proposed non-practicing license status.
Ethics or Supervision

Trauma-Informed SEL to Support Students
Room 6

Jana Moore, Pam Parman, Marion Richards
Vicksburg Warren School District
Charlotte Christian, Julia Cole
NMEC/ MS NISL Facilitators

Educators have turned to SEL to provide support to traumatized students. Counselors face challenges of being prepared for the level of emotional intensity that students who've been traumatized bring to school and provide customized SEL to address their needs. Vicksburg-Warren School Districts' counselors will share their journey of providing intensive supports to students and of mitigating acute challenges.
School

Capitol Area Region

3:15-3:30 pm Break

Coffee, water, & lemonade break is sponsored by the Capitol Area Region.

Live in the Mississippi Capitol Area and want to get involved? Contact CACA officers for more information.

JOIN US!
4:30-5:30PM
MCA
REGION &
DIVISION
MEETINGS

Session E: 3:30-4:30pm
Thursday
November 4, 2021

Room 1* - Utilizing Clinical Supervision to Counteract Disability Biases

Room 2 - Community Conversations: Engaging families

Room 3 - The Gift of Breathwork

Room 4 - MDE Updates

Room 5 - LPC Board Updates, Part 2

Room 6 - LMS: A Tool for Counseling Work

Session E: 3:30-4:30pm
Thursday
November 4, 2021

Utilizing Clinical Supervision to Counteract Disability Biases
Room 1 (VIRTUAL OPTION)

Candice L. Chapman, MA, LSC
Kevin Merideth, MS, LPC
Katherine M. Dooley, Ph.D, LPC-S, NCC
Mississippi State University

Counselor trainees are asked to be knowledgeable and competent in working with clients from diverse backgrounds, which includes people with disabilities. Supervisors are responsible for ensuring that these issues are further addressed in clinical supervision. The goal of this program is to assist supervisors with tools and strategies to effectively address the issues of persons with blindness and visual impairments.

Supervision

Community Conversations: Engaging families of First-Generation Low-Income Students to Ensure Success in Higher Education
Room 2

Lori Auxier, AFC

Community Conversations demonstrates how educators can work collaboratively with students' families and community members to strengthen student academic engagement and educational achievement. In this session we will discuss how to move away from the educator-as-expert meeting model and create intimate community gatherings where groups of people engage in dialogue embracing thoughts and experiences as central to any conversation regarding their children's futures.

School

Session E: 3:30-4:30pm
Thursday
November 4, 2021

Breathwork – The Gift of Breathwork to Strengthen Self-Awareness
Room 3

Debbie K. Wells, Ph.D., LPC-S, BC-TMH
Mississippi University for Women

Learn and experience what can be accomplished using Breathwork Therapy. The history of Breathwork along with various kinds, types will be presented. Audience will be invited to participate in various breathwork exercises.
Clinical

MDE Updates
Room 4

Dr. Chancey Fort; Kathy Mangum
Mississippi Department of Education

This session will provide school counselors with information, best practices, and current trends relevant to their professional counseling practice from the Mississippi Department of Education. The latest developments in graduation options, counselor evaluation, and college and career readiness will be presented and discussed.
School

Session E: 3:30-4:30pm
Thursday
November 4, 2021

LPC Board Updates, Part 2
Room 5

Richard Strebeck, Ph.D., LPC-S, NCC, CSAT, BC-TMH
Kimberly Sallis, Ph.D., LPC-S
S. Lynn Etheridge, JD, Ph.D., LPC-S, RPTS
Isaac Boose, MS, LPC-S, ICAADC
Steven Stafford, MS, LPC-S

Recent changes have been made to the requirements to obtain certification to provide distance professional counseling and distance professional supervision as a result of the COVID-19 Pandemic. The MS LPC Board has attempted to comply with the proclamations and executive orders provided by the Governor of the state. This presentation will relay the requirements to provide both counseling and supervision from a distance and the ethics surrounding this provision of distance supervision services.
Ethics or Supervision

JOIN US!
4:30-5:30PM

MSCA/ROOM 1
MLPCA/ROOM 3

The LMS –More Than Just an Online Academic Tool:
A tool for Counseling Work Also
Room 6

Mary Ann Hollingsworth, Ph.D., LPC, ACS, BC-TMH, BCC
University of West Alabama

The Learning Management System (LMS) has been used in academic work since the onset of distance learning. The recent Covid-19 pandemic prompted counselors and others to move life and work into cyberspace. This session will help participants to learn about use of the LMS as virtual support for their counseling work with a look at examples and options.
General

Schedule at a Glance

Friday
November 5, 2021

8:00 – 9:00
Session A

9:00 – 9:15
Break

9:15 – 10:15
Session B

10:30 – 11:30
***General Business Meeting/Closing Session**

***Main Ballroom**

Session A: 8:00-9:00am

Friday
November 5, 2021

Room 1 - Advocacy in Action: Inspiring and Motivating Change in the Counseling Profession

Room 2 - ABCs of Documentation: From School Counseling to Clinical Practice

Room 3 - Ethics in Supervision for our Digital Age

Room 4 - Positives through a Pandemic

Room 5 - The Growing Together Project

Room 6 - Falling Through the Cracks: Strategies to Support Transitioning Foster Care Youth

Session A: 8:00-9:00am
Friday
November 5, 2021

Advocacy in Action: Inspiring and Motivating Change in the Counseling Profession
Room 1

Jayme Sullivan, Ed.S., LPC, NCC, NCSC
Rosa Scott School
Karla Weir, Ph.D., LPC, NCC, NCSC
Choctaw Tribal Schools

The Mississippi Counseling Association vision is to promote the Counseling Profession to help ensure all Mississippians have access to quality professional counseling. The participation of professional counselors in MCA advocacy efforts is critical. An explanation of how current issues and bills relating to counseling will be addressed. Advocacy strategies will be presented to help counselors in Mississippi. Communication is imperative.
General, School

The ABCs of Documentation: From School Counseling to Clinical Practice
Room 2

Charlotte Armstrong, LSW, NCC, NCSC; Heather Burleson, NCC, NCSC; Cameron Douglas, BS; Harmanpreet Kaur, MS, NCC, P-LPC; Barry Pickreign, NCC, PCMHT, PCAT; Jana' Slay, Ed. S., LSC
MCA Emerging Leaders

This presentation will examine some of the reasons for maintaining documentation. You will be reminded of documentation and its importance within the counseling field. As a group, we will raise awareness of proper documentation and provide you with resources to help you improve your documentation process within your practice or school. You will also gain knowledge of the "golden thread" and how to tie in your notes with ISP and treatment goals. We will also take a moment to focus on the American Counseling Association and American School Counseling Association Code of Ethics that mention documentation specifically. Ethics will include: the reasoning for counseling, guidelines, benefits, and common misconceptions regarding documentation.
School; Clinical

Session A: 8:00-9:00am
Friday
November 5, 2021

Ethics in Supervision for our Digital Age: What's Here to Stay or Fade Away
Room 3

Cat Vincent, EdD, LPC-S (MS), NCC, LMHC (FL), Juawice McCormick, Ph.D., LPC-S, NCC, NCSC, BC-TMH, George Beals, Ph.D, LPC-S, NCC, BC-TMH

For almost two years, supervisors rose to the occasion to meet critical demands during a confluence of events and challenges. Access to supervisees via telemental health means ensured continue of care and meeting contractual requirements. The presenters will reflect on COVID practices and our professional resiliency as well as discuss best practices for telemental health moving forward.
Supervision, Ethics

Positives through a Pandemic
Room 4

Chaney Carlucci, LPC, NCC, BC-TMH, MS
Grace Christian Counseling Center

This presentation will encourage and highlight to professionals in the simple fact that we are still here, The presenter will recognize the challenges we have overcome and the sacrifices that have been made over the last year. Our profession has grown in some ways more then what we wanted at the time, but we have done it. Telehealth training have not been easy but absolutely worth it and counselors are encouraged to go through the telehealth training in order to make sure that appropriate ethics and policies are being followed not only for our clients but as professionals. Professionals are encouraged to pay close attention to our own frequencies that we carry as we enter each counseling session and to understand the true power we hold in changing someone else's world just by being present with them. The presenter wants conference attendees to leave feeling encouraged and empowered to continue to do what we love and what many of us have been called to.
General

Session A: 8:00-9:00am
Friday
November 5, 2021

The Growing Together Project - A Pilot Study on the Nutrition-Mental Health Connection
Room 5

Robika Modak Mylroie, Ph.D., LPC, NCC, CCTP, Mary Bess Pannel, Ph.D., LPC, NCC,
Rachael Ammons Whitaker, Ph.D., Anna Marsh Selby, Ph.D., LPC, Chaiqua A. Harris, Ph.D., NCC

The presenters will discuss their pilot study which emphasizes that school counselors should make nutrition part of their guidance curriculum as nutrition and mental health are connected. Presenters will give a brief discussion of how food can impact mental health. Presenters will discuss the pilot study and talk about future actions that we hope to take within the schools for example Farm to School Initiatives. The pilot study is being done within a school (K-6th grade) currently by the presenters where they do a guidance curriculum each month that discuss nutrition and eventually the connection between nutrition and mental health.

General; School

Falling Through the Cracks: Strategies to Support Transitioning Foster Care Youth
Room 6

Chiquita Holmes, MS, E. Joan Looby, PhD, LPC, ACS, Tinmuk Li, MA
Kendra Blakely, MS, NCC, LPC, Kimberly Gray, MS
Mississippi State University

This program highlights factors influencing adverse mental health outcomes for foster care youth and emphasizes the need for counselors to refocus attention on youth who are transitioning out of the foster care system. Participants will explore useful tools to support advocacy efforts, implementation of therapeutic services, and necessary supports for children who are aging out of care and becoming adults.

General

Delta Sigma Upsilon Chapter

Chi Sigma Iota Honor Society
Delta State University
9:00-9:15 am Break

Coffee & water break is sponsored by the Delta Sigma Upsilon Chapter of Chi Sigma Iota Honor Society at Delta State University.

The Delta Sigma Upsilon Chapter at Delta State won the Outstanding Small Chapter of the Year - Congratulations future counseling professionals!

Session B: 9:15-10:15am

Friday
November 5, 2021

Room 1 - Helping Children & Teens Through Grief
Room 2 - Increasing Connection in a Virtual World
Room 3 - What Counselors Need to Know: Financial Aid
Room 4 - Influences on Adolescents: Alcohol & Substance Use
Room 5 - Transgenerational Transmissions
Room 6 - The Evolving Professional Self

10:30-11:30AM

CLOSING SESSION & BUSINESS MEETING

Session B: 9:15-10:15am
Friday
November 5, 2021

Helping Children and Teens Through Grief: What School Professionals Need to Know about Grieving Students
Room 1

Amanda Winburn, Ph.D., LPC, RPT, NCC, NCSC
University of Mississippi
Mary Bess Pannel, Ph.D., LPC, NCC
Delta State University

Everyone is affected when a death or tragedy occurs within a school community. The effects can be substantial, whether it is the loss of a student, parent of a student, or staff member. How school personnel handle the crisis can help shape the immediate and extended grieving process. Students, especially need the support and intervention of their parents and school counselors in order to cope with the loss. Strategies for understanding and assisting the grieving student will be discussed, along with tips for working with parents and caregivers to help their children navigate grief. Grief and loss resources will be provided.
School

Increasing Connection in a Virtual World
Room 2

Angel Golson, Ph.D. LPC-S, NCC
Capri Brooks, Ph.D., LPC-S, NCC, NCSC
Liberty University

Finding connection can be a challenge in training clinicians and counseling clients in an online format. Therefore, the advising, supervision, and mentorship role can serve as a crucial vehicle. A review of literature and research outcomes will be presented to assist clinicians and educators in constructing their own effective model of increasing connection in a virtual world.
General

Session B: 9:15-10:15am
Friday
November 5, 2021

What Counselors Need to Know: Financial Aid
Room 3

Jennifer Rogers, Ed.D. - Mississippi Office of Financial Aid
Get2College

High school counselors wear many hats, and college access advisor is one of them. This session is designed to provide counselors with the resources they need to help students access student financial aid to pay for college. Counselors will learn what is new in federal and state financial aid. Counselors will also learn about changes to the FAFSA and the MAAPP, the new Mississippi Aid Application and portal launched last year. The Mississippi Office of Student Financial Aid and Get2College will ensure high school counselors know all they need to know about student financial aid.
School

Peer and Family Influences on Adolescents in Relation to Alcohol and Substance Use
Room 4

Sarah Holmes, Nathan Carroll
Masters degree students, University of Mississippi

This program examines the effects that peers and family members have on adolescents in relation to alcohol and substance use. It does so by opening up the conversation on this topic, and by looking at interventions that can take place; especially when considering the effects that the Covid-19 pandemic will have on these current numbers.
General

Session B: 9:15-10:15am
Friday
November 5, 2021

Transgenerational Transmissions: Understanding Transgenerational Messages when Engaging Parents about Child Therapy
Room 5

Kenisha W. Gordon, PhD, ACS, LPC-S, RPT-S
Mississippi College

This presentation will promote child therapy from a multicultural perspective of how to engage parents or guardians. In order for parents to be receptive, it is important to first have an awareness of how some stakeholders process messages about child care and methods of improvement. This presentation will encourage therapists to see parents or guardians in a different light and also provide various methods to broach difficult conversations.
General

The Evolving Professional Self: Reflections from Seasoned Counselors and Counselor Educators Regarding the Expected and Unexpected Lessons Learned about the Work of Therapy
Room 6

Matthew R. Buckley, EdD, LPC, ACS, BC-TMHC
Juawice McCormick, PhD, LPC-S, NCC, NCSC, BC-TMH
Walden University

Two seasoned professional counselors lead a discussion on lessons learned in the profession from a combined experience of over 50 years, contemplating their own lived personal and professional experience. Participants will contemplate how they can mentor junior members of the profession through sharing professional narratives. Implications for clinical supervision will also be explored.
Supervision

Mississippi Counseling Association

71st Annual Conference
General Business Meeting & Closing Session

RECHARGED: Building the Momentum

10:30 – 11:30AM
Main Ballroom

Mary Bess Pannel, Ph.D., LPC, NCC
MCA President
Delta State University

Juawice McCormick, PhD, LPC-S, NCC, NCSC, BC-TMH
MCA President-Elect
Walden University
University of Mississippi

See you in Tupelo!
November 2022

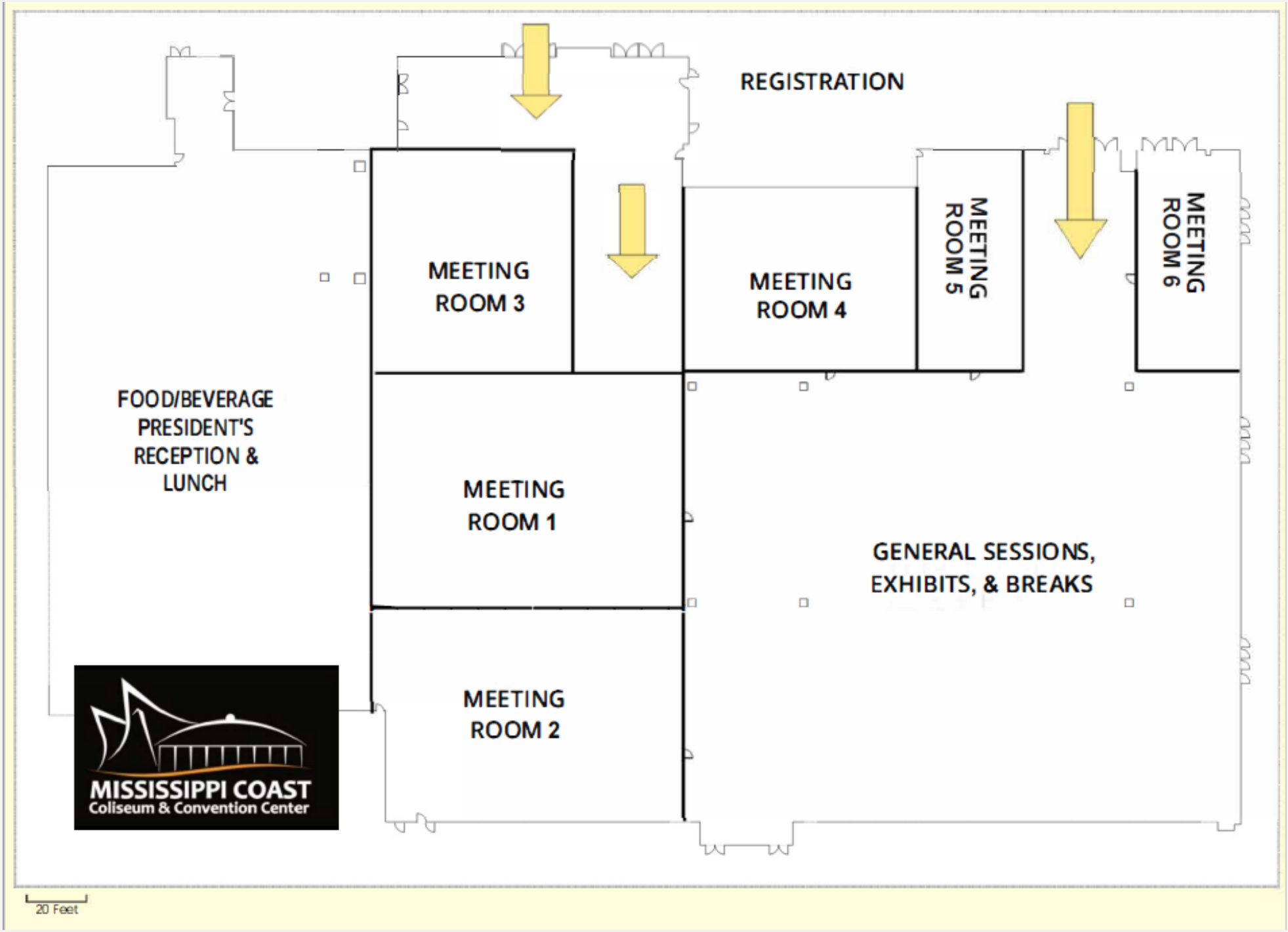
Mississippi Counseling Association

General Business Meeting & Closing Session

RECHARGED: Building the Momentum

10:30 – 11:30AM
Main Ballroom

We will end our time together closing the 71st annual MCA conference by highlighting and embracing the many successes that our profession has overcome during the last two years. It is our hope that all attendees will be able to acknowledge personal growth and understanding in feeling *Renewed - Reconnected - Refocused*. As we look to the upcoming year, we acknowledge challenges while calling all counselors to the charge of deepening their professional identity by leaning into their advocacy efforts.


REGISTRATION
MEETING ROOM 3
MEETING ROOM 4
MEETING ROOM 5
MEETING ROOM 6
FOOD/BEVERAGE PRESIDENT'S RECEPTION & LUNCH
MEETING ROOM 1
GENERAL SESSIONS, EXHIBITS, & BREAKS
MEETING ROOM 2
MISSISSIPPI COAST
Coliseum & Convention Center
20 Feet