



Mississippi Counseling Association

Helping Counselors help Mississippi

The Compass

September 2013

Fall Conference Schedule at a Glance

It is rapidly approaching and you can't delay in securing your registration and hotel. For a full list of educational offerings click on the link below. A description of the Learning Institutes offered on Wednesday, November, 6, 2013 is below.

[MCA Conference Schedule at a Glance](#)

Fall Conference Learning Institutes

Technology Tips and Tricks Boot Camp

Sponsored by Mississippi School Counselors Association

This learning institute will incorporate "Technology Tips, Tricks, and Shortcuts for Educators." Don't get caught trying to work with kids in a world that no longer exists, expand your technological literacy. This workshop will get you started. Learn about the most powerful features of various applications including word processing, spreadsheet, multimedia, and Internet, and social networking. Dr. Sabella will share his most coveted tips, tricks, and short cuts to help

Message from the President

Greetings from **Mississippi Counseling Association**, the professional organization for all counselors in the state! In 2013, we celebrate our 63rd year serving counselors in a variety of settings, including schools, private mental health practices, universities and community colleges, residential settings, community agencies, business, industry and government. With over 1000 members, the association provides a wide array of leadership, service opportunities and tirelessly advocates for the welfare of all citizens of our state for mental health services.



I am thrilled to serve as MCA President in 2013-14 and would like to extend my personal invitation to MCA's Annual Conference at the **Jackson Convention Complex November 6-8, 2013**. This year's theme is **Excellence in Counseling: Authenticity ~ Compassion ~ Advocacy**. Robert J. Wicks, Psy.D., our keynote speaker will discuss **THE RESILIENT CLINICIAN: Strengthening the Counselor's Self-Care Protocol** and will have his books, *The Resilient Clinician* and *The Inner Life of the Counselor* available for purchase. You can learn more about Dr. Wicks by visiting www.robertjwicks.com.

Members of your Administrative Council and Conference Committee are working diligently to arrange for outstanding programs and a wonderful conference experience! NEW this year!!

- Participants will have the opportunity to earn 12 hours of continuing education credit (1.2 CE's) by

you become more effective, efficient, and have more fun in your work! There will be lots of handouts and time for questions and answers.

Ethics for Counselors

Sponsored by Mississippi Licensed Professional Counselors Association

This learning institute has been approved for NBCC credit as well as CEU's with Mississippi College.

NAMI Basics (National Alliance on Mental Illness) for Professionals

Sponsored by MCA

Presented by Dr. Sherry Ponder this session will provide a tool to successfully work with the students who are mentally ill or otherwise behavior or brain disordered. NAMI Basics for Professionals provides information and research in working with and for the mentally ill/brain disordered child, parents, and caregivers who all have diverse and complex concerns. Helping the family get the right diagnosis and treatment, as well as education and support, is critical for the entire team working with and around the child. This session will provide tools for educators to work with families and various agency providers.

attending one of the three fantastic Learning Institutes, the Keynote session on Wednesday and one of each session on Thursday and Friday!

- New **student lounge** area for students and first timer's to relax and network.
- We are inviting key Legislators to the President's Reception on Wednesday evening.
- We will hear from Universities at our Networking session on Thursday evening.
- Afterwards, plan to join us at the Starlight Social where we can relax and enjoy some great music and dancing!
- We are partnering with ASCA to provide a training for the State Superintendents, Assistant Superintendents and Building Level Administrators of Education on Thursday. Please encourage your superintendents and administrators to attend!

If you are looking for a way to become more involved, please contact me or your regional leaders and we will find a place for you! We are a volunteer organization that works so much better together as we all get involved. Please take advantage of the wonderful opportunities by becoming involved with your interest group, division and region! I find it humbling and inspirational to work with such an **EXCELLENT** group of professionals. I look forward to seeing you in Jackson in November!!

All my best to you!!

Dawn M. Hosey, MS, LPC-S, NCC

MCA Quick Links

[MCA Website](#)

[MCA Fall Conference](#)

MCA Fall Conference Hotels

MCA Service

Project



MCA's Human Rights Committee is pleased to announce that this year's Community Service Project for conference is Matt's House, a division of Stewpot Community Services. Matt's House Emergency Shelter for Women provides shelter for homeless women and children who have no other place to go. For over 300 guests a year, Matt's House offers a safe, nurturing environment while staff assists residents in finding housing, employment, or transportation back to their families. The residents receive an evening meal and a

Marriott- Sold Out

**Hilton Garden Inn Jackson
Downtown**

**Hilton Jackson County Line
Road**

2013 President Elect-Elect Candidates:

HOLLIE McCOLLISTER, MS, LPC

Hollie is from Biloxi, MS and has served MCA in many different capacities. She is a past president of Gulf Coast Counselors Association, current

president of MLPCA and MCA Conference Coordinator for the past 2 years. For many years

Hollie served as the Awards Chair for MCA. She has worked in public and private schools as well as at the university level for over 20 years and now has her own private practice. Hollie holds a Masters of Education and a Masters of Counseling from William Carey University and University of Southern Mississippi. She is a member of MCA, ACA, AMHCA, and MLPCA. Her knowledge and experiences will provide MCA with a talented President Elect-Elect.



2013 Secretary

light breakfast in addition to a safe place to sleep for the night.

Facts: Matt's House residents are offered self-esteem groups, parenting classes, budgeting courses, and computer workshops. The agency was named for former Executive Director of Stewpot, Matt Devenney. Residents include children up to the age of 14 for boys and 17 for girls and women of all ages.

Opportunities for volunteering include: Staff the shelter to receive donations on weekend days; tutor the children; do yard work; take the children on outings; babysit for a couple of hours; provide dinner for the residents.

What the center needs: hats, scarves, gloves, socks - children never have enough socks! New or used towels, soap, shampoo, sanitary pads, deodorant. Books, pencils, paper, school supplies, coloring books.

At conference, we will be accepting both monetary donations and/or items needed by the House. Stewpot Community Services, 1100 West Capitol St., Jackson, MS 39203.

The MCA Human Rights Committee thanks each of you in advance for the generous contributions you have made to our Service Projects in the past. We do not take your donations and gifts for granted as we know what tough times these are.

MCA's Human Rights Co-chairpersons, Jeanne Polk, LPC and Amy Adelman, LPC

Jane Cook, PhD, LPC, CCMHC, NCC

Receives AMHCA Diplomate Award

Our own Jane Cook has been recognized nationally by the American Mental Health Counselors Association for her outstanding work. Jane is the only recipient from Mississippi.



The AMHCA Diplomate Award recognizes members of AMHCA who are licensed clinical mental

Candidates

RACHEL LACY, EDS, LPC, NBCC, is running for Secretary. Rachel works at Reeves Elementary School in Long Beach and has been active in Gulf Coast Counselors



Association. She has served on numerous MCA committees and is always willing to volunteer her time. Rachel believes in the strength of her professional association and recently completed the Dianne Dunagin Speed Emerging Leadership Class

Region Meetings

October 11, 2013 Northeast Region, Joey Williford, jewilliford@nemcc.edu

October 11, 2013, Tombigbee Region, Farra Criswell, nealcriswell@yahoo.com

October 17, 2013, Pinebelt Region, Dr. Diane Williams, Diane.williams@jcc.edu

October 25, 2013, Northwest Region, Delores Darnell, ddarnell@gmail.com

health counselors at the highest level available in their state and who have achieved substantial professional accomplishments. Jane was recognized for her work in child and adolescent counseling.

MCA 2013 Excellence Awards Goals to Meet by October 31, 2013 Region/Division/Interest Groups



Meet **8 Goals** = **Bronze Star** of Excellence Award

Meet **9 Goals** = **Silver Star** of Excellence Award

Meet **10 or more Goals** = **Gold Star** of Excellence Award

- Attend MCA Summer Institute for Leadership Training July 10-12, 2013. Send a report and a representative if you cannot attend.
- Nominate one or more members to serve on MCA Human Rights Committee. Send names to Amy Adelman and Dawn Hosey.
- Locate and review your group's by-laws.
- Turn in the end of the year report for the 2012 - 2013 year by July 31, 2013.
- Set date, time and place for Fall meeting (Remember to contact Carolyn Anderson if you need CEU approval.)
- Nominate at least three counselors for MCA Awards, complete packet application, send packets and 10 copies to Phyllis Falcon by September 30, 2013. falconperch@yahoo.com
- Assign committee chairpersons for Awards, MCA Service Project coordinator, Day at the Capitol (January 14, 2014), etc. (Enlist members to help you. The President is not expected to do it all).
- Turn in one or more announcements for the MCA Website (Carolyn Anderson) and MCA Facebook page.
- Collect items or donations for MCA Service Project (Matt's House Women's Shelter Jackson)
- Support Thursday Evening Networking Reception/ Starlight Social by making a donation. Contact Hollie McCollister.

- Enlist 3 or more people to help facilitate sessions at MCA Convention
- Submit at least 2 press releases or articles to your local newspaper and send a copy to Carolyn Anderson.
- Membership Goals to reach by June 2014- The region/division/Interest Group President with the highest percentage membership increase will receive additional awards.